IronElite™ is a unique product containing a novel and patented iron-protein complex called Iron Protein Succinylate (IPS). Iron Protein Succinylate is the most gentle and most bioactive form of iron in the world. There is no better form of iron on the planet. Most iron supplements on the market use an inexpensive form of iron that is poorly absorbed and frequently causes stomach and intestinal irritation. Due to the unique and patented chemistry, IronElite™ with IPS is an iron-protein complex that provides optimal delivery with essentially complete and efficient absorption without the stomach irritation or intestinal discomfort. IronElite™ is an ideal dietary supplement for both women and men, especially active women that may be at risk of low iron levels in addition to improvement of daily living activities, exercise performance, recovery, and immune health.†

Iron is one of the most important trace minerals for humans and essentially makes life possible. The majority of the iron in the human body is found in the hemoglobin of red blood cells that functions in the transport of oxygen and carbon dioxide in the blood and in the uptake and delivery of oxygen and uptake of carbon dioxide from myoglobin in muscle cells. For Adenosine Triphosphate (ATP) energy production, iron provides essential functions of the electron transport system and as an electron carrier in cytochromes. Iron is critical for normal immune function and is also an essential component of hundreds of proteins and enzymes supporting a wide variety of biochemical and physiological functions. Iron plays a critical role in DNA replication and repair. Additionally, iron is an essential cofactor in the synthesis of neurotransmitters such as dopamine, serotonin, and norepinephrine.

Iron is an essential mineral that cannot be produced in the body. It must be obtained from the diet or taken as a dietary supplement. The Recommended Dietary Allowance (RDA) for iron is 8 milligrams (mg) for men, as well as for women over 50 years, and 18mg for women ages 19 to 50 years. Most women do not consume 18mg per day of iron. For pregnant and lactating women the RDA increases to 27mg per day. The Daily Value used on food and dietary supplement labels is 18mg. Supplementation may be necessary for at risk groups especially active women, aged 15-55 years of age or older.

NOTE: If you are under the age of 18, pregnant, lactating, trying to conceive, a post-menopausal female, or an adult male, consult a licensed health care professional prior to use. Discontinue use and call a physician or licensed health care professional immediately if you experience unexpected side effects. If taking prescription medications, consult a licensed health care professional prior to use.
Directions: Take 1 capsule per day with a meal.

Other Ingredients: Rice Powder, Magnesium Stearate, Silicon Dioxide, Gelatin Capsule.

Contains: Milk (Casein)

IronAid® is a registered trademark of Chemi Nutra.

Manufactured in a cGMP facility that processes milk, egg, fish, Crustacean shellfish, tree nuts, wheat and soy.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%DV*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iron (Elemental)</td>
<td>18mg</td>
</tr>
<tr>
<td>(as IronAid® Iron Protein Succinylate)</td>
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</tbody>
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*Percent Daily Values are based on a 2000 calorie diet.

KEY REFERENCES


†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.