Full Blown XXX is an ultra concentrated pre-workout formula designed to support energy, strength, power, and stamina. The bioactive ingredients in Full Blown XXX have been shown to increase nitric oxide production and vasodilation, provide buffering function, and enhance energy and power for explosive and intense workouts. This is a science-based formula supported by published peer reviewed research to enhance any workout program.

Full Blown XXX Delivers:
- 2 TIMES MORE Caffeine!*  
- 50% MORE Creatine!*  
- No Geranium or 1,3 DMAA  
- Sugar Free!  

*Compared to Leading Brands

The Full Blown XXX Activator Blend contains the following bioactive components:

Arginine Alpha-Ketoglutarate (A-AKG): Arginine is the amino acid precursor for nitric oxide production by the enzymatic action of nitric oxide synthase (NOS). Nitric oxide (NO) is an important signaling molecule involved in numerous physiological and pharmacological processes in the human body. Nitric oxide results in expansion of the blood vessels (vasodilation) which enhances blood flow, oxygen transport, and nutrient delivery to skeletal muscles. Arginine alpha-ketoglutarate (A-AKG) is a powerful and special molecular form of arginine resulting in dramatic NO release. A-AKG has also been shown to promote growth hormone and insulin secretion for additional anabolic effects.†

Creatine Monohydrate: plays an essential role in energy production by recycling ATP (adenosine triphosphate) in muscle cells. ATP is the body’s major molecule that produces “explosive” chemical energy within cells and is also known as “molecular currency” since it transfers energy within all cells of the body. Creatine supplementation facilitates muscle creatine phosphate (PCr) re-synthesis during the recovery phase following maximal exercise. PCr prevents the rapid depletion of ATP in the muscle by providing readily available high-energy phosphate which is used to generate ATP from ADP. There is a vast number of published studies indicating that creatine supplementation increases total body mass.†

Beta-Alanine (as CarnoSyn®): Beta-Alanine is a naturally occurring beta-form of the amino acid alanine. Beta-Alanine is a safe and proven molecule involved in the synthesis of carnosine in muscles. Carnosine, like an intracellular sponge, is the most powerful buffer in muscles and functions to neutralize the accumulation of hydrogen (H⁺) ions released from lactic acid (lactate) during high intensity exercise. Carnosine is concentrated in the “fast-twitch” (Type II) fibers or those fibers used in power and high-intensity exercise. Beta-Alanine (as CarnoSyn®) is proven to delay fatigue, increase muscle strength, improve endurance, and speed recovery from both high intensity and endurance exercise.†

Caffeine (1,3,7-trimethylxanthine): has been added as an extensively researched ingredient that provides an effective thermogenic, metabolic, fat oxidation and performance enhancing (ergogenic) effect in humans. Schisandra Extract contains bioactive lignins. Characterized as an adaptogenic, Schisandra Extract provides an effective thermogenic, metabolic, fat oxidation and performance enhancing (ergogenic) effect in humans.

Flavors: Power Punch, Pink Lemonade, Blue Raspberry

Size: Net Wt. 270 G (0.59 LBS) | Serving Size: 1 Scoop (Approx. 9 g) | Servings Per Container: 30

<table>
<thead>
<tr>
<th>KEY FEATURES</th>
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</table>
| • Ultra Concentrated Pre-Workout Igniter*  
• Promotes Intense Energy, Strength, Power, and Stamina*  
• Evidence-Based Formula Supported by Published Scientific Research Studies*  
• Two Times More Caffeine and 50% More Creatine Compared to Leading Brands.  
• No Geranium or 1,3 DMAA  
• Sugar Free! |

<table>
<thead>
<tr>
<th>KEY MESSAGES</th>
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</table>
| • Arginine alpha-ketoglutarate (A-AKG) is a powerful and special molecular form of arginine resulting in dramatic production and release of nitric oxide producing an expansion of the blood vessels which enhances blood flow, oxygen transport and nutrient delivery to skeletal muscles. A-AKG has also been shown to promote growth hormone and insulin secretion for additional anabolic effects.†  
• Creatine monohydrate plays an essential role in energy production by recycling ATP (adenosine triphosphate) in muscle cells for a continuous supply of energy. Additionally, creatine monohydrate promotes recovery time and lean body mass.†  
• Beta-Alanine (as CarnoSyn®) is a proprietary, patented form of beta-alanine involved in the synthesis of carnosine in muscles. Beta-Alanine (as CarnoSyn®) is proven to delay fatigue, increase muscle strength, improve endurance, and speed recovery from both high intensity and endurance exercise.†  
• Citrus aurantium (as Advantra Z®) which is a proprietary patented ingredient containing the naturally occurring bioactive amines synephrine, N-methyltyramine, hordenine, octopamine and tyramine and is the only safe Citrus aurantium extract indicated for weight loss and physical performance on the market today.†  
• Caffeine (1,3,7-trimethylxanthine) has been added as an extensively researched ingredient that provides an effective thermogenic, metabolic, fat oxidation and performance enhancing (ergogenic) effect in humans. |

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
## Supplement Facts

**Serving Size:** 1 Scoop (Approx. 9 g)  
**Servings Per Container:** 30

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calorie count</td>
<td>0</td>
<td>Calories from Fat: 0</td>
</tr>
<tr>
<td>Vitamin C (as ascorbic acid)</td>
<td>180 mg</td>
<td>300%</td>
</tr>
<tr>
<td>Thiamin (as thiamin hydrochloride)</td>
<td>1.5 mg</td>
<td>100%</td>
</tr>
<tr>
<td>Riboflavin (as riboflavin)</td>
<td>1.7 mg</td>
<td>100%</td>
</tr>
<tr>
<td>Nicin (as nicotinic acid)</td>
<td>75 mg</td>
<td>375%</td>
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<tr>
<td>Vitamin B6 (as pyridoxine hydrochloride)</td>
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<td>100%</td>
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<tr>
<td>Taurine</td>
<td>460 mg</td>
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<tr>
<td>Vitamin B12 (as cyanocobalamin)</td>
<td>30 mg</td>
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<tr>
<td>Pantothenic Acid (as d-calcium pantothenate)</td>
<td>50 mg</td>
<td>500%</td>
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<tr>
<td>Vanadium (as vanadium sulfate)</td>
<td>10 mg</td>
<td></td>
</tr>
<tr>
<td>FDVXX Activator Blend Containing:</td>
<td><strong>7,091 mg</strong></td>
<td></td>
</tr>
<tr>
<td>Arginine Alpha Ketoglutarate (A-AKG)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caffeine (as CarnoSyn®)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Citrus aurantium (as Advantra Z®)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Other Ingredients (Power Punch):**  
- Tri-Calcium Phosphate, Malic Acid, Natural & Artificial Flavor (FD&C Red No. 40, Blue No. 1), Citric Acid, Acesulfame Potassium, Sucrose, Sweetener, Sodium Chloride, Silicon Dioxide.

**Other Ingredients (Pink Lemonade):**  
- Tri-Calcium Phosphate, Malic Acid, Natural & Artificial Flavor (FD&C Red No. 40), Citric Acid, Acesulfame Potassium, Sucrose, Sweetener, Sodium Chloride, Silicon Dioxide.

**Other Ingredients (Blue Raspberry):**  
- Tri-Calcium Phosphate, Malic Acid, Citric Acid, Natural & Artificial Flavor (FD&C Blue No. 1), Acesulfame Potassium, Sucrose, Sweetener, Sodium Chloride, Silicon Dioxide.

### Directions

Test your tolerance to this product during initial use. Begin with 1/2 scoop with 6–10 oz. of cold water 15–30 minutes before training. If well tolerated, increase to 1 scoop with 6–10 oz. water before training. Adjust the amount of water for taste preference. **DO NOT TAKE AFTER 6 PM. MAY CAUSE SLEEPLESSNESS. USE RESPONSIBLY.**

### Other Ingredients

- N-Acetyl-L-Tyrosine (NALT) is an acetylated form of the amino acid L-tyrosine which makes the amino acid more soluble and stable for enhanced absorption and less prone to urinary excretion. Additionally, N-Acetyl-L-Tyrosine enhances focus and vitality.
- The B-complex vitamins Thiamin, Riboflavin, Nicin, Vitamin B6, Folic Acid, Vitamin B12 and Pantothenic Acid are provided as they are absolutely essential for the production of energy in cells and are easily depleted during energy-sapping stress. Vanadyl sulfate assists in the action of insulin which drives sugars and creative into the muscle where it is needed for fuel amplification supporting the continuous production of cellular energy.

### Key Messages

- Schisandra Extract contains bioactive adaptoptogens providing an invigorating effect attributed by the support of mitochondrial function and cellular energy. Schisandra Extract enhances oxygen delivery to muscles, improves concentration, and reduces tiredness.
- N-Acetyl-L-Tyrosine (NALT) is an acetylated form of the amino acid L-tyrosine which makes the amino acid more soluble and stable for enhanced absorption and less prone to urinary excretion. Additionally, N-Acetyl-L-Tyrosine enhances focus and vitality.
- The B-complex vitamins Thiamin, Riboflavin, Nicin, Vitamin B6, Folic Acid, Vitamin B12 and Pantothenic Acid are provided as they are absolutely essential for the production of energy in cells and are easily depleted during energy-sapping stress. Vanadyl sulfate assists in the action of insulin which drives sugars and creative into the muscle where it is needed for fuel amplification supporting the continuous production of cellular energy.

### References


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